

**FOR IMMEDIATE RELEASE**  
October 18, 2010

## **Over \$100,000 raised at the Plenary Health *Our Hospital Walk/Run***

***663 participants took part in the fundraiser for the North Bay and District Hospital***

**North Bay, ON** – The 4<sup>th</sup> annual *Our Hospital Walk/Run* gave 663 participants and 90 volunteers a sneak preview of the new North Bay Regional Health Centre grounds, while helping to raise over \$100,000 for the North Bay and District Hospital.

Yesterday's Walk/Run event was presented by platinum sponsor Plenary Health in association with PCL and Johnson Controls, and raises funds for the hospital's greatest needs.

New this year is an *Overall Spirit Award* given to the team that exhibited the best enthusiasm throughout the event. The 'CTS College Crew' (CTS Canadian Career College) were the winners of the Silver Kidney Basin Award.

'Claude Fortier & Friends' are the 2010 *Community Team Challenge* winners and took home the coveted 'Silver Bed Pan' trophy.

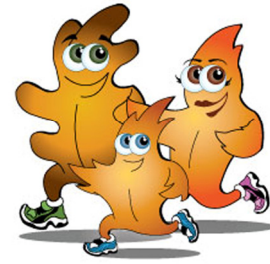
The *Hospital Team Challenge* winners were the 'Skeleton Crew' (Diagnostic Imaging) who will now select something that represents their team to add to the internal trophy.

This year the event moved to the new hospital property – giving the community the opportunity to embrace the hospital by walking or running around the new facility. The 2 km route went once along the ring road, the 5 km route extended down College Drive, to Gormanville and returned, and the 10 km did this trek twice.

Lynn Johnston, Creator of *For Better or For Worse* donated her beloved April Patterson character to the new children's event, the *April & Friends Walk*. The *April and Friends Walk* is a supervised event for children 18 months to 8 years of age. The 45 participants each collected pledges and received either a plush Farley Dog or both a Farley Dog and autographed book by Lynn Johnston, *Farley Follows His Nose* (depending on the pledge amount raised).

*Our Hospital Walk/Run* is a 2km – 5 km – 10 km Walk/Run event, aimed to get the community active while raising awareness about local health care needs. The money raised goes to the hospital's Urgent Needs Fund.

Race results and more information about the event are available at [www.ourhospitalwalkrun.ca](http://www.ourhospitalwalkrun.ca). Next year's *Our Hospital Walk/Run* is scheduled for October 16, 2011.



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