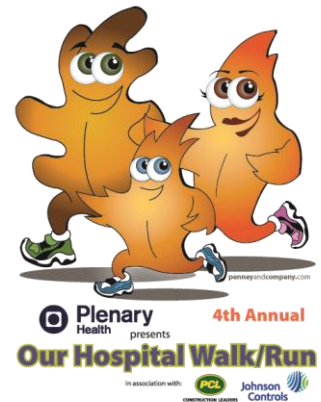


North Bay Regional
Health Centre



Centre régional
de santé de North Bay



FOR IMMEDIATE RELEASE
October 14, 2012

825 participants take part in The Plenary Health, Johnson Controls Our Hospital Walk/Run Event raised \$103, 000 for North Bay Regional Health Centre

North Bay, ON – Today 825 participants of the 6th annual *Our Hospital Walk Run* helped raise \$103, 000 for district communities' hospital care needs.

The race routes take advantage of the unique landscape of our health centre location. Participants chose between the hospital mile, 5km, 6km trail run or the 8km. Young children participate in the April & Friends Walk.

Fortier & Friends are the 2012 Community Team Challenge winners and took home the coveted 'Silver Bed Pan' trophy.

The Health Centre Team Challenge winners were the Skeleton Crew who will now select something that represents their team to add to the hospital trophy.

The Spirit Award was given to Caisse Populaire *Basket Caisse* that exhibited the best enthusiasm throughout the event. They were the winners of the Silver Kidney Basin Award.

Our Hospital Walk/Run helps improve the wellness of our community. Funds raised during this event support the Hospital's greatest needs. The Hospital has identified a state-of-the-art monitor system for mother and baby during labour and delivery as the greatest need.

Race results and more information about the event are available at www.ourhospitalwalkrun.ca.

Next year's *Our Hospital Walk/Run* is scheduled for October 12, 2013.

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